



NEW VISION OF PHYSICAL EDUCATION AND SPORTS: A CREATIVE AND ESSENTIAL FEATURE IN OVERALL EDUCATION

• INTRODUCTION:

Physical education and sports is one of the important yardsticks and also integral part of education for any country at any point of time. Thus each country should try to set out a framework of action plan for promotion and development of physical education and sports paradoxically. Sports is witnessing a spectacular boom in the media spotlight all over the world including India while it is being seriously neglected within the education system. Physical Education act as well as the provision of resources for the nation and in the construction of evaluation system in education developments and it proms the development physical education in a country. At present compare to earlier years and now we can come across the decline in physical education in education compare to present is one needs to overcome the hurdles and battles to improve the structure and infrastructure status in around to development the overall discipline in physical education and sports.

• PRESENT STATUS OF PHYSICAL EDUCATION AND SPORTS IN NEW ERA.

Despites efforts by member state to promote and development Physical education and sports with international co-operation, its distinctive nature and importance to education remains a constant source of concern. Physical Education and sports proved alarming (particularly within educational system), which given the social importance and media-coverage of sports. Its impact may be seen in the shift by Physical Education and sports in public authorities towards high performance and high media friendly sports. (at a national level, across the public and private system). A significant example in the absence of clear separation between Ministries of youth Affairs and sports and ministries of Education.

The status of Physical Education and sports convened the physical Education World Summit in Berlin this initiative was promoted by report revealing the increasing critical situation of physical education and sports in many countries. A worlds wide comparative study collect data and literature for nearly 120 countries came out with following significant findings.

- a. Reduced time devoted to physical educational programmed.
- b. Reduced budgets plus inadequate financial, material and staff resources.
- c. The subjects suffer from low status.
- d. In many country teachers are not properly trained,
- e. Existing physical education guidelines are not properly applied.

• CREATIVE MIND AND THOUGHTS WHICH BRING OUT THE ROLE OF PHYSICAL EDUCATION AND SPORTS IN THE PRESENT GLOBELISATION.

Physical education and sports preserves the vital clue that exists between physical education and sports. The reciprocal guarantee highlighted the provision of a such it is necessary to consider physical education and sports as an integral part of education in all schools and colleges in a country, where sports should be compulsory right from elementary school level to college level. In fact quality education involves the dispensing the essential requirement of life skills. i.e.: Learning to.

1. Act in an autonomous way, (self-motivation, creativity & Problems solving),
2. Use interactive tools(communication, Physical & IT),
3. Jon & live within sociality diverse groups.

All this Board – based life skills are precisely what physical education and sports can develop. therefore, it goes without saying that physical education and sports must be actively promoted by international organization, state govt. local authorities. The field of education must co ordinate and streamline this efforts defend the cause of physical education and sports. This will include helping to redress the balance of physical education and sports in education in its drive to improve the situation of physical education and sports worldwide.

- **AIMS AND OBJECTIVES:-**

The aim is to educational requirements stipulated by education of all, notably to address the challenge of a quality education in which physical education and sports play a significant role.

The objectives include –

1. To provide school syllabuses and enhance the status of Physical education and sports providing better basic and advanced training,
2. To meet the standards for physical education and sports, ensuing the fair access and absence of any discrimination based on gender, capacity/ aptitude, culture, race creed of social/ethnic group while ensuring the acquisition of values, knowledge and skills required improving quality of life.
3. To expand the various facets of sports and traditional games.

- **GUIDELINES TO BE FOLLOWED :-**

To understand the knowledge and effects to achieve above status and aims and objectives, the following guidelines should be adopted,

- (1) The drive to expand physical education and sports in educational establishment to boost the priority of physical education and sports, to improve learning process and standard of education and also to ensure a better quality of educational programmes.
- (2) A standard rule for defining the threshold acceptability for the qualification of physical education and sports curriculum.
- (3) Creation of a teacher trainings blue print, which will require help from universities, research institutes and other academic and scientific establishments capable of contributing to the promotion of physical education and sports in education.
- (4) Develop a communication policy – advocating the promotion of physical education and sport in educational system using available information channels.
- (5) Inventing projects that develop the scenario to improve the physical education and sports.
- (6) To promote physical education and sports as an integral part of- a policy to support a youth via sports.
- (7) To mobilise youth via physical education and sporting activities and to boost awareness of HIV / AIDS related problems.
- (8) To help to promote ethical and the moral values (outlined in the international charter of physical education and sports) related to information-education and training to combat doping in sports.
- (9) To promote traditional games and sports and to publish world Encyclopaedia of traditional games and sports.

- **The overcome of Downing Street on the line of an on-going independent survey lines system to monitor the progress achieved by the campaign to promote physical education and sports.**

Such a system should be able to monitor the status of physical education and sports by pulling information and measurable results. It should also be properly equipped to act as a decision making tools and help promote physical education and sports in education system. This will involve to helping them successfully address the challenges confronting physical education and sports in the field of education.

➤ CONCLUSION:-

It goes without saying that implementing a drive to promote physical education and sports in educational system requires resources where the Govt. Should takes the appropriate decision to improve the infrastructure facilities in physical education department in all the schools and colleges level.

- (1) One should know how important that the physical education and sports play vital role.
- (2) Now UGC has come into existing to help the colleges for NACC accreditation and helping hand to hand to improve the infrastructure facilities in the colleges going for NACC accreditation for allotting the high level budget to improve the facilities in the private institutions and the institution of the management to overcome the burden of individual implementing the whole.
- (3) Also the ministry of external affairs Govt, of Sports Ministry should look into the decision of Sports personality by awarding marks for the International, National, Zonal and All India inter Zonal and all India Inter University level Medal Winners for encouraging and motivating the talent of the young achievers to get laurels for Country.

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