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A Comparrative Study of Today's Teenagers' Problems

Summary::

The presented study's purpose is to conduct a comparative study of today's teenagers problems. In this research, 120 teenagers' sample has been selected. Data collected from 60 teenagers (male) and 60 teenagers (female) has been analyzed by "t" value. An opinion about teenagers' problems has also been measured.

Today's teenagers' generation suffers from social, familial, economical, personal, and many other kind of problems and due to these when their mental and physical health get affected, they feel loneliness and this leads to drug, tobacco, drink addiction. Sometimes, over-addiction can lead to suicide in many cases. Parents, teachers, friends need to understand these kind of people with care and then be given advice, help etc.

The presented research finds that there is a difference between problems. The presented study also contains important suggestions about teenagers' problems.

Preface:

This kind of research is necessary because in today's time teenagers' lifestyle there arises many problems and questions.

In today's world teenagers feel confused and in problems because their age is tender, thoughts are volatile and imaginative. Physical changes occur very fast due to hormonal changes. Their mindset is constantly changing during this age and because of this they feel physical, social and psychological changes.

Because of teenagers' age, study, health, economic, social, familial, personal and other kind of factors' problems, they are being targeted by critics be it parents, friends, or teachers. This leads to many problems in their lives. If at this time they get proper guidance and help they can escape from loneliness and other many grave problems which can lead them to even suicidal attempt. Thus this kind of research is very important keeping in mind all said above. After all they are future of this country.

Who Are Teenagers?

Teenagers are people with the age from 13 to 19. Adolescence is age very tender and transforming both physically and mentally towards maturity and full growth of body.

Research Problems:

The presented research contains a comparative study of today's teenagers' problems.

1. Problems related to teenagers.
2. Problems related to education.
3. Problems related to health and hygiene.
4. Problems related to society, economics, and family.
5. Problems related to other factors and personal.

Research's Purpose:

1. To know the difference of teenagers' problems.
2. To know the difference of education problems.
3. To know the difference of health problems.
4. To know the difference of economic, social, familial problems.
5. To know the difference of other factors, personal etc.

Research Method:

The presented research contains teenagers' sample and is selected from Ahmedabad and Gandhinagar.

Research Instruments:

The presented research purpose is to know the level of problems in teenagers. Questionnaires were collected from teenagers and instruments used are as below:

Personal Information: Age 15-18, Sex: Male/Female, Education: 10-12std, Family: Joint/Nuclear, Ahmedabad.

For the research purpose, teenagers were interviewed personally and given them questionnaires be filled in. Teenagers' opinions regarding problems were measured and they narrated their problems.

Research Sample:

In the presented research, 120 teenagers (male/female) were selected and among them 60 were female participants and 60 were male participants.

Statistical Methodology:

Keeping in view for statistical analysis, "t" test has been utilized.

Result and Analysis:

Today's millennial teenagers' comparative study of problems' result and analysis (t) is represented as below.

Mean, median, and "t" score value:

Table 1

Teenagers	N	\bar{x}	SD	t	Level of significant
Teenagers(male)	60	34.36	8.88	3.08	0.01
Teenagers(female)	60	29.7	7.88		
Total	120				

From table #1 analysis, it can be said that the difference is significant at 0.01. Also, it can be said that boys were having higher level of problems than girls.

Mean, median, and "t" score value of problems related to education :

Table 2

Teenagers	N	\bar{x}	SD	t	Level of significant
Teenagers(male)	60	6.71	1.72	5.00	0.01
Teenagers(female)	60	5.41	1.38		
Total	120				

From table #2 analysis, it can be said that the difference is significant at 0.01. Also, it can be said that boys were having higher level of problems of education than girls.

Mean, median, and t score value of problems related to health and hygiene:

Table 3

Teenagers	N	\bar{x}	SD	t	Level of significant
Teenagers(male)	60	13.63	3.53	3.01	0.01
Teenagers(female)	60	11.83	3.05		
Total	120				

From table #3 analysis, it can be said that the difference is significant at 0.01. Also, it can be said that boys were having higher level of problems of health and hygiene than girls.

Mean, median, and t score value of problems related to society, economics, family :

Table 4

Teenagers	N	\bar{x}	SD	t	Level of significant
Teenagers(male)	60	9.93	2.55	2.45	0.05
Teenagers(female)	60	8.30	2.13		
Total	120				

From table #4 analysis, it can be said that the difference is significant at 0.05. Also, it can be said that boys were having higher level of problems of society, economics, family than girls.

Mean, median, and t score value of problems related to other factors and personal :

Table 5

Teenagers	N	\bar{x}	SD	t	Level of significant
Teenagers(male)	60	4.08	1.04	0.36	N.S

From table #5 analysis, it can be said that there is no difference. Also, it can be said that boys were having same level of problems of other factors and personal as girls.

Opinions Regarding Teenagers Problems:

1. 68% problems regarding education were seen.
 1. There was a dissatisfaction towards teachers teaching methods. 25% teenagers opined towards this.
 2. There was a lack of guidance and help for education to students. 10% teenagers opined towards this.
 3. There was worry among students regarding education and this led to anxiety among them. 33% opined towards this.
2. 54% problems regarding health and hygiene were seen.
 1. 8% opined regarding this and they were unhealthy.
 2. There was a rise in problems due to over study/work. 18% opined about this.
 3. Due to family members' illness there was a rise in problems. 28% opine about this.
3. 75% problems regarding economics, society, family.
 1. Due to economical condition in family there was a rise in problems. 34% opined about this.
 2. Problems arise because of family and home environments. 21% opined about this.
 3. Familial and social responsibility led towards a rise in problems as opined by 20% teenagers.
4. 31% problems regarding other factors and personal
 1. A new school/college environment, friends circle also contributed as opined by 13% teenagers.
 2. Less library reading and writing and poor handwriting led to a rise in problems as opined by 8%.
 3. There was a lack guidance to student in term of subjects as opined by 10% teenagers.

Conclusion:

1. Boys were having higher level of problems than girls.
2. Boys were having higher level of problems of education than girls.
3. Boys were having higher level of problems of health and hygiene than girls.
4. Boys were having higher level of problems of society, family, economics than girls.
5. Boys were having higher level of problems of other factors and personal than girls.

Opinion Regarding Teenagers' Problems:

1. Problems regarding education were 68%.
2. Problems regarding health and hygiene were 54%.
3. Problems regarding society, family, economics were 75%.
4. Problems regarding other factors and personal were 31%.

Suggestion Regarding Teenagers Proper Development:

1. To improve IQ, one must know aptitude, interest of teenager first and according to that one must direct.
2. One must develop understanding, knowledge, skills, self-awareness so as to prepare oneself for proper role in life and develop and establish new relations.
3. Be always prepared and ready for mental and physical development so that one can development one's self with acceptability.
4. One should develop emotional intelligence. They should think logically and not emotionally. Parents, teachers, friend, well-wisher should try not to hinder one's progress.
5. Parents, schools, colleges, institutions should provide skill development training so as to empower them to become self-reliant economically.
6. They should adjust to their surrounding people, environments. They should adjust to their current condition. They should develop social skill. They should create social togetherness. These things can lead to proper development.

Suggestion Regarding Teenagers Requirements:

1. Educational, social, sexual, and other knowledge should be given. When in need, parents,

teachers, friends, well-wishers should always be ready to help them out. By giving this, teenagers will think new, will imagine new, will increase their curiosity and thus this will lead to achieve higher goals in their lives.

2. By sympathizing towards teenagers, they will be able to recognize themselves and be prepared for achieving higher economic, familial and social goal and thus they will achieve a distinctive self-satisfaction and self-reorganization and acceptability in each sphere of life and will be able to do each work by themselves without getting help from others.
3. Teenagers should be made aware about their physicality and hormonal changes in their lives. This can nobly be done through newspapers, educational programs, seminars, internet, biology etc. Every school, college, institute should conduct such programs for them time and again.

Suggestion for Teenagers:

1. Teenagers should not hesitate to contact counseling center for their problems be it personal, social, or familial. Counseling center are specialized in such problems dealing methods and give solutions.
2. For becoming a good citizen, person and for getting physically healthy teenagers should be given ample time and resources by government by planning a good budget.
3. Father can give guidance to boy and mother can guidance to girl very sympathically. So parents should come forward in this effort.

Suggestion:

1. If any teenager suffers from any problems whatsoever and if his/her life got affected severely by these, each family member, teachers, professors, elders, friends, well-wisher, and society as a whole should create an environment as to ease the problem and find a solution.
2. Parent should not become dominant towards their children. They should give their children love not their thoughts. Children should be handled with understanding and affection .They should handle the children with sympathy and utmost care.
3. Frank talking should be done to problem facing teenagers so as to solve the problems.

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